

Cholesterol **911**

Don't wait for an emergency. Get checked. Take charge.

ARE YOU AT RISK FOR A HEART ATTACK?

A number of factors can increase your risk for a heart attack, including elevated **LDL-C** (otherwise known as “bad” cholesterol).

Here are some questions you can ask your doctor at your next appointment.

- What is my most recent LDL-C level?
- What should my LDL-C level be?
- How has my LDL-C level changed since my last appointment?
- How do my current LDL-C levels affect my risk for experiencing another heart attack?
- What else can I do to lower my LDL-C?
- How often should I have my LDL-C checked?
- At what point might we need to discuss changing my treatment regimen?

**MAKE THE COMMITMENT TO LOWERING
YOUR RISK.**

**ASK YOUR DOCTOR FOR AN **LDL-C BLOOD
TEST TODAY.****